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A Beginner's Guide to Recreational Kayaking
Inflatable Kayaking: A Beginner's Guide Alaska
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Lakes Superior and Michigan Paddling Illinois
The Rough Guide to Nepal The Lofoten Islands
The Complete Idiot's Guide to Canoeing and
Kayaking Kayaks You Can Build Canoeing &
Kayaking West Virginia A Paddler's Guide to
Missouri Ice Fishing Knack Kayaking for
Everyone The Rough Guide to Nepal Quiet Water
New Hampshire and Vermont Insiders' Guide® to
Santa Barbara Paddle Your Own Kayak Guide to
Sea Kayaking in Maine The Savvy Paddler Let it
Rain The Complete Book of Sea Kayaking The
Rough Guide to Nepal The River Gypsies' Guide
to North America A Paddler's Guide to the
Delaware River Florida's Fabulous Canoe and
Kayak Trail Guide Paddling Pacific Northwest
Whitewater The Rough Guide to Nepal Insiders'
Guide® to North Carolina's Outer Banks AMC
River Guide The Rough Guide to Alaska The
Riverkeeper's Guide to the Chattahoochee
Adventure Guide to Hawaii the Big Island The
Rough Guide to San Francisco and the Bay Area
Welsh Sea Kayaking Guide to Sea Kayaking in
Southeast Alaska Ultimate Guide to Link

Building How to Paddle a Kayak Explorer's Guide Vermont Insiders' Guide® to Glacier National Park, 6th

The Complete Idiot's Guide to Canoeing and Kayaking Jun 18 2022 Don't get caught without a paddle... Filled with nearly 100 photos and illustrations, this must-have guide-written by the foremost paddlesports experts-gives the aspiring canoe or kayak adventurer everything he or she needs to know before taking the plunge. Inside, discover how to choose between buying a canoe or a kayak, understand paddling techniques and strokes, and find out how to plan a trip and choose an outfitter or guide.

The Rough Guide to Nepal Apr 04 2021 The Rough Guide to Nepal is the most passionate and knowledgeable guidebook to this inspiring country. It offers an insider's guide to Kathmandu, from its Tantric temples to its lively bar scene. It details all the finest Himalayan treks, with practical, up-to-date and expert advice on when and where to go, and what to take. It covers all the National Parks, offering advice and information on everything from tracking wildlife to hiring elephants. Dedicated chapters are devoted to mountain biking, white water rafting, and other adventure sports, and there is unrivaled detail on Buddhism, Hinduism, and the many

ethnic groups that make Nepal a unique destination. For ex-pats and visitors alike, the advice on health and cultural etiquette is second to none. The Rough Guide to Nepal also contains scores of detailed maps that have been checked by hand on the ground, covering everything from Pokhara and the Chitwan National Park to the Everest Base Camp trek. Make the most of your time with The Rough Guide to Nepal.

A Beginner's Guide to Recreational Kayaking
Feb 26 2023 Kayaking looks so simple, until you are ready to get started. How do I shop for a recreational kayak? What do I look for in a boat? What gear is essential? What knowledge is needed? What skills are required? Am I expected to wear a floppy hat and a \$50.00 fishing shirt? Salesmen in kayak shops will offer their opinions on these matters. But some are simply selling boats and will say anything soothing in order to ice the deal. Others will shower you with torrents of their expertise, until the technical trivia washes over you like a curling wave. Leave the shop and you find that all that information has seeped through the scuppers (holes that let water flow out the bottom of a sit-on-kayak). Too embarrassed to ask these questions at a retail shop, seminar or workshop, where you may feel that Patagonia-wearing pros tend to

look down on ignorant landlubbers, the beginner turns instead to *A Beginner's Guide to Recreational Kayaking*. Stephen R. Crowell provides the expertise on the essentials, in a comfortable, informal manner.

Canoeing & Kayaking West Virginia

Apr 16 2022

Canoeing & Kayaking West Virginia is the definitive guide to whitewater in the Mountain State. More than 40 years after the initial printing, this book continues to bring paddlers the best of West Virginia's waters: from classics rivers, such as the Gauley, the New, and the Tygart, to steep creeks like North Fork of Blackwater and Meadow River. At-a-glance information for each river section helps boaters pick rivers to match their ability and current weather conditions, while river descriptions, gauge and shuttle route information provide additional critical information. Whether boating in kayaks, canoes, or sit-on-tops, paddlers will find more than enough rivers to fit their interest or skill level. In addition, literary interludes scattered throughout each book will invoke the spirit of paddling, encouraging readers' contemplation of past and future trips. Appendices include websites, gauge information, and safety information, making this book a valuable resource in planning out the next trip.

The Rough Guide to Alaska Jul 27 2020 The Rough Guide to Alaska is the indispensable guidebook to one of the world's greatest adventure destinations. The Rough Guide will ensure the reader gets the most from their time in this extraordinary region. The opening pages feature a full-colour introduction to Alaska's highlights, with inspirational photography of the stunning sights and activities on offer, from viewing the ethereal glow of the Northern Lights to cruising the epic highways. There are evocative accounts of the state's vast wilderness, from the majestic peak of Denali to the glaciers of Prince William Sound, and lively reports on Anchorage, Fairbanks, and all Alaska's rough-hewn towns. There is also expert advice on the multitude of outdoor activities, such as hiking, mountain biking, rafting, fishing and kayaking plus lesser known activities such as panning for gold or riding a husky sled.

AMC River Guide Aug 28 2020 Completely revised and updated, this is the definitive guide to more than 2,500 miles of river in New Hampshire and Vermont, making it the ideal resource for whitewater and flatwater kayakers and canoeists.

Paddle Your Own Kayak Sep 09 2021 Well-illustrated with more than 600 color photographs, this how-to book achieves as high

a standard as the authors' Paddle Your Own Canoe with step-by-step instructions on essential techniques, and includes history, recommendations, camping and more.

The Complete Book of Sea Kayaking _____ May 05 2021

Kayaks You Can Build _____ May 17 2022 A step-by-illustrated-step guide through the entire construction cycle of building a plywood kayak from a stitch and glue kit. Includes a history of kayaks, choosing a kayak, setting up a work area, tools, tricks, safety and troubleshooting.

Ice Fishing _____ Feb 14 2022 Whether you're a beginner or an expert, a lone wolf angler or a parent with fish-fanatic youngsters, fishing on ice has lots to offer everyone. But fishing on ice isn't without it's challenges, and that's where this book comes in. Ice Fishing: The Ultimate Guide covers everything you need to know to make your hard water adventures as comfortable, safe, enjoyable and productive as possible. The first part of the book looks at the equipment that's involved with ice fishing. The second part of the book takes an in depth look at winter's best sport fish, including walleye, perch, crappie, pike, trout, whitefish, sunfish, catfish, bass and more. For each species, you'll find detailed information about them, where you can expect to find them, and the different strategies for

catching them. You'll learn about: Staying warm and safe on the ice Rod, reel and line selection Lure selection and techniques Specialty gear selection Ice fishing strategies Where to find the fish Jigging and set line secrets Includes tips from many of North America's finest pro ice anglers and guides.

The Savvy Paddler Jul 07 2021 A very practical guide, this book is written for the technically-minded person who enjoys learning and seeks a full understanding of kayak and paddle design as well as safe paddling. It offers great detail and a thorough set of rules, recommendations, suggestions, and tips covering all aspects recreational kayaking, including: The details of recreational kayak and paddle design. Choosing the kayak, paddle, PFD, clothing, and other gear. Rules all recreational kayakers must live by on lakes and rivers. Kayak paddling basics. Handling river dynamics and obstacles. Myriad recommendations for day-trip paddling on recreational water -- such as rivers through Class II, sheltered bays and lakes, flatwater, and close to shore on very calm, exposed water. Responsibilities for the leaders and each member of a river trip. Shuttling vehicles, people, and equipment before and after a trip. Carrying, transporting,

maintaining, and storing your kayak. An extensive glossary of common kayaking and paddling terms. Intended for those paddling single-person recreational kayaks during day trips on recreational water, this book is for those new to kayaking as well as very helpful to experienced paddlers and therefore recommended for all recreational kayakers. Note that this book is not a step-by-step, how-to-kayak manual -- it is not intended to be. Nor does it come filled with glossy photographs. There are other books out there that do those things quite well. But this book does provide a good deal of instructional detail, complementing and supplementing other guides, filling in much additional detail and providing further very practical tips and recommendations. This book also incorporates some of the basic skills and knowledge from whitewater and sea kayaking as it applies to recreational kayaking. I believe you will find this book very helpful as it offers the essentials to protect yourself and those with you against the most common issues, providing solid, reliable recommendations, making your whole kayaking experience much safer and more enjoyable. You'll become quite the savvy paddler!

A Paddler's Guide to the Delaware River _____ Feb
02 2021 When Henry Hudson explored the

Delaware River in 1609, he dubbed it “one of the finest, best, and pleasantest rivers in the world.” Today, those same qualities make the Delaware one of the most popular rivers for recreational use in the United States. Although in places a near-wilderness, the Delaware is easily accessible to millions of residents. On any summer day there may be thousands of people rushing down its exciting rapids or lazing through its serene eddies. A Paddler’s Guide to the Delaware River is an indispensable resource for anyone who wants to experience the Delaware River in a kayak, canoe, raft, or tube—or, for that matter, an automobile or an armchair. Reading the book is like travelling down the river with an experienced guide. It charts the non-tidal Delaware 200 miles from Hancock, New York, to Trenton, New Jersey, describing access points, rapids, natural features, villages, historical sites, campgrounds, outfitters, and restaurants. The Delaware comes alive as the author introduces some of the people, places, events, and controversies that have marked the river from earliest times to the present day. Completely revised, the third edition offers: An overview of the river including watershed, history, place names, paddlecraft, safety, and fishing. The River Guide: ten sections that can each be paddled in one day (about 20

miles), with a mile-by-mile account of rapids, access, natural features, historic sites, and other features. All new maps, with names for virtually every rapid, eddy, and other river feature, plus detailed diagrams for routes through even the most severe rapids. Features in the River Guide highlight the people, events, natural history, and communities that define the river experience, such as Tom Quick, the infamous "avenger of the Delaware"; the mysterious migration of eels, the battle over Tocks Island Dam; and many others. Appendices of Important Contacts, Outfitters and Campgrounds, River Trip Checklists, and more. Whether you are a novice out for an afternoon float, a seasoned adventurer on an overnight expedition, or a resident fascinated by the lore of the Delaware Valley, this book is an invaluable guide.

Insiders' Guide® to Glacier National Park,
6th Oct 18 2019 Insiders' Guide to Glacier National Park is the essential source for information to this outdoor paradise that offers diverse opportunities for fun and adventure. Written by a local (and true insider), this guide offers a personal and practical perspective of Glacier and its surrounding environs.

Sea Kayak Nov 23 2022 This book is a modern guide to sea kayaking by one of the leading

exponents of the sport who is also a highly respected coach in this field. Gordon Brown is a BCU Level 5 sea coach based on the Isle of Skye, Scotland. He shares his knowledge with you in his own succinct humorous style and very visual approach. In this book Gordon covers topics of kayaking history, physiology, boat and paddle dynamics, seamanship and navigation, safety and rescue, weather forecasting, caves, rockhopping and tidal races, expeditions and overnighting, as well as a wealth of tips and resources for the sea paddler. This is a visually stunning book printed on 170gsm silk paper filled with top quality photographs. Over seventy photographs and illustrations help to make this an essential modern manual for the sea kayaker.

Insiders' Guide® to Santa Barbara _____ Oct 10 2021
Your Travel Destination. Your Home. Your Home-To-Be. Santa Barbara Grab a bite at a gourmet restaurant. Explore Channel Islands National Park. Relax, take a sip, and savor Santa Barbara's wine country. • A personal, practical perspective for travelers and residents alike • Comprehensive listings of attractions, restaurants, and accommodations • How to live & thrive in the area—from recreation to relocation • Countless details on shopping, arts & entertainment, and children's activities

May

Adventure Guide to Hawaii the Big Island
25 2020 We travel to grow – our Adventure Guides show you how. Experience the places you visit more directly, freshly, intensely than you would otherwise – sometimes best done on foot, in a canoe, or through cultural adventures like art courses, cooking classes, learning the language, meeting the people, joining in the festivals and celebrations. This can make your trip life-changing, unforgettable. All of the detailed information you need is here about the hotels, restaurants, shopping, sightseeing. But we also lead you to new discoveries, turning corners you haven't turned before, helping you to interact with the world in new ways. That's what makes our Adventure Guides unique. Print edition is 368 pages. Photographs throughout. A newly updated edition with the latest information on the best hotels in all price categories, restaurants, dive sites, dive operators, fishing guides and much, much more. You'll find more information on these islands here than in any other guide, with thorough coverage of the Turks & Caicos as well. Comprised of over 700 dazzling islands, the Bahamas were once the playground of pirates. Modern travelers can find a different kind of adventure here, be they divers exploring a shipwreck, honeymooners beachcombing near a

secluded cove, or gamblers touring the casinos of Paradise Island. This can indeed be a paradise if you are well-prepared. This guide is the best way to prepare, whether you want to explore the British forts and tropical forests, play with dolphins in the surf, seek duty-free bargains, or pay a visit to the Out Islands, where the residents are among the friendliest people in the world. The best accommodations and restaurants, sailing, horseback riding, fishing, kayaking, diving, hiking, shopping, how to get around, sightseeing, entertainment, gambling, climate, banking, medical care, history and culture.

Paddling Pacific Northwest Whitewater Nov 30
2020 Paddling Pacific Northwest Whitewater is the definitive guide to the best rivers and creeks for kayaking and rafting in Washington and Oregon—home to some of the most fun (and challenging) whitewater in the world.

Including over 240 detailed run descriptions from local area paddlers who know these rivers and creeks better than anyone else, this is the only book you'll ever need for a lifetime's-worth of paddling in the Pacific Northwest. Includes...

- Run descriptions
- Shuttle directions
- Detailed maps
- Min. and max. recommended flows
- Scouting advice
- Awesome photos
- And more!

Florida's Fabulous Canoe and Kayak Trail

Guide Jan 01 2021 Discusses the many paddling opportunities available in Florida, including the Florida Circumnavigational Paddling Trail with information about the areas the trails go through and maps of the trails.

Paddling Illinois Sep 21 2022 Grab your paddle and enjoy Illinois' beautiful rivers. This comprehensive guidebook--the only one for Illinois--features 64 trips on 33 rivers. Rivers covered include Cashe, Des Plains, Embarras, Fox, Galena, Mackinaw, Middle Fork, and Spoon. This is the ultimate guide for canoe or kayak enthusiasts of all abilities.

Insiders' Guide® to North Carolina's Outer Banks Sep 28 2020 Insiders' Guide to North Carolina's Outer Banks is the essential source for in-depth travel and relocation information. Written by a local (and true insider), it offers a personal and practical perspective of this beautiful coastal land and its surrounding environs. Published annually, this guide is fully revised and updated and features a new interior layout and a new cover treatment.

The Riverkeeper's Guide to the Chattahoochee Jun 25 2020 The Chattahoochee is a prototypical American river--from its headwaters in the Blue Ridge Mountains to where it flows into Apalachicola Bay, one of the most productive estuaries in North

America. This entertaining, fact-filled guide covers the Chattahoochee's entire 500 mile course and 8,000 square mile watershed. The guide divides the river into ten sections, each of which includes a brief natural history and information on: camping, hiking, fishing, boating, and other recreational pursuits bodies of water that feed into the river cities and towns with river frontage manmade structures such as bridges, dams, and historic ruins environmental threats and preservation efforts Entertaining sidebars throughout highlight the people, history, culture, wildlife, and geography of the entire river valley. Understand the "Hooch," say those dedicated to its conservation, and you will know more about all of our country's waterways. This guide is the place to begin.

How to Paddle a Kayak Dec 20 2019 Kayaking is an exhilarating sport ideal for fitness, upper body strength and improved flexibility. Yet with all sporting activities, you face real danger and threats each time you head into the water. It is vital that you have knowledge on how to avoid the risks and have fun safely while kayaking, whether you are a complete beginner or have some previous experience. In "How to Paddle a Kayak" you will find heaps of valuable information that will prepare you for your kayaking experiences and give you a head

start before you even hold a paddle in your hands.

Alaska River Guide Dec 24 2022 The rich tapestry of Alaska is threaded together by 365,000 miles of waterways, from cascading mountain streams to meandering valley rivers, from the meltwaters of glaciers to broad rivers that empty into the sea. This guide profiles a wide variety of rivers from all over Alaska, concentrating on trips for intermediate boaters, and including a few major expeditions for the experienced river-runner. A section on gear outlines what to take into the backcountry.

The Lofoten Islands Jul 19 2022

The Rough Guide to Nepal Aug 20 2022 THE ROUGH GUIDE TO NEPAL is the ultimate guide to this beautiful and varied country. Features include- Full-colour section introducing Nepal's highlights. Unrivalled accounts of all the sights, from legendary Kathmandu and the peaks around Pokhara, to the jungles and ethnic diversity of the Tarai region. incisive reviews of the best places to stay, eat, drink and shop, whatever your budget. Detailed chapters on trekking, rafting and mountain-biking. Comprehensive background on Nepalese culture, politics and the environment. Maps and plans for every region.

Ultimate Guide to Link Building Jan 21 2020

The web today is comprised of trillions of links: links between websites, links within social media venues like Facebook and Twitter, and even links in email inboxes. Who links to a site and how they link to it is one of the most important factors that search engines rely on when ranking results. But how do marketers control this? Link building expert Eric Ward provides the answers. Sharing little-known techniques for link building via social media platforms, blogs, partnerships, public relations, articles, and more, Ward teaches marketers which link-building techniques will maximize the quality links that point to their site, allowing them to charm both search engines and customers and which methods to avoid. This one-of-a-kind guide details a variety of link building tools, tactics, and techniques illustrated by case studies, expert interviews, and resources. Ward leaves no opportunity unexplored, and no link-building questions unanswered.

The Rough Guide to Nepal Oct 30 2020 The Rough Guide to Nepal offers an insider's guide to Nepal, from its 'Tantric' temples to its lively bars. It details all the finest Himalayan treks, with practical, up-to-date and expert advice on where to go when and what to take. It covers all the National Parks, offering advice and information on everything

from tracking wildlife to hiring elephants. Dedicated chapters are devoted to mountain biking, white water rafting and other adventure sports, and there is unrivaled detail on Buddhism, Hinduism and the numerous ethnic groups that make Nepal a unique destination. The Rough Guide to Nepal also contains scores of detailed maps, covering everything from Pokhara and the Chitwan National Park to the Everest Base Camp trek. Originally published in print in 2012. Make the most of your time with The Rough Guide to Nepal. Now available in ePub format.

Guide to Sea Kayaking in Maine Aug 08 2021 A detailed guide to the forty best sea kayaking destinations along the Maine coast, including maps and alternative routes. The routes range from short, well-protected trips for beginners to more challenging trips designed for experienced kayakers. There is information on accommodations, restaurants, parking, camping, and boat ramps.

Explorer's Guide Vermont Nov 18 2019 Surveys the parks, campgrounds, inns, motels, restaurants, stores, sports, cultural activities, special events, and historic villages in Vermont.

Welsh Sea Kayaking Mar 23 2020 A selection of fifty great sea kayak voyages around the coast of Wales. From the Dee Estuary to the Bristol

Channel, the Welsh coastline in all its varied guises provides a fantastic playground for the sea kayaker. The fifty journeys selected cover all of the interesting parts of the coast and provide easy sheltered paddles, testing offshore trips for the adventurous and everything in between. Illustrated with superb colour photographs and useful maps throughout, this book is a practical guide to help you select and plan trips. It will provide inspiration for future voyages and a souvenir of journeys undertaken. As well as providing essential information on where to start and finish, distances, times and tidal information, the book does much to stimulate and inform our interest in the environment we are passing through. It is full of facts and anecdotes about local history, geology, scenery, seabirds and sea mammals. A fascinating read and an inspirational book.

A Paddler's Guide to Missouri Mar 15 2022

Maps and details of Ozark streams and rivers that can be explored by canoe or kayak.

Knack Kayaking for Everyone Jan 13 2022 Knack

Kayaking for Everyone is the most visually driven and yet informative guide to every aspect of an aquatic sport whose popularity has skyrocketed in recent years. The first chapters comprise an idea-packed buying guide to kayak design, kayak features, accessories,

and gear. The book then presents step-by-step information on transporting, launching and landing, basic and advanced strokes, techniques, navigation, rescues, and expedition planning. In addition, it fully explores recreational (flatwater) kayaking, whitewater kayaking, and sea kayaking, providing instructions for each. Ideas for fun and games and special paddlers (children, the elderly, the handicapped) are also included, as are chapters on weather and first aid.

Quiet Water New Hampshire and Vermont Nov 11
2021 Discover more than 90 scenic destinations
Z99 this updated and expanded edition of our
popular guide

Let it Rain Jun 06 2021

Inflatable Kayaking: A Beginner's Guide Jan
25 2023 There has been an explosion of
interest in paddling right across the world –
in 2020, British Canoeing reported a 40% rise
in members, with 19,000 signing up in a
3-month period. Much of this interest has been
in inflatable kayaks, with the author's own
website (inflatablekayaksandpackrafts.com)
averaging 1,000 visits a day. The
comparatively low cost, the convenience of
inflatable kayaks, and the fact that you can
just get in and go, all add up to their
appeal. And with thousands of miles of
waterways in the UK, most are within reach of

a river or canal where you can paddle your kayak and enjoy being in the fresh air, gently travelling through the natural world. You see the country from a different perspective and in an eco-friendly way. But, as with everything, a little bit of knowledge and technique makes the experience so much more enjoyable! That is where this book comes in. It provides a perfect introduction to the sport. It takes you through the different types of inflatable kayaks, so you buy the one that is right for you. It shows you the basic on-the-water skills that you will need, including getting in and out, how to paddle straight and turn. It outlines the gear you will need and talks about where to paddle as well as weather, safety, maintenance and repair of your equipment. It covers kayaking in rivers and canals, lakes and lochs, and coastal kayaking. All aspects are heavily illustrated with colour photographs making it easy to understand and clear to follow.

The Rough Guide to San Francisco and the Bay Area Apr 23 2020 Full-colour throughout, The Rough Guide to San Francisco and the Bay Area is the ultimate travel guide to the colourful Californian capital and its stunning surroundings. With 30 years experience and our trademark 'tell it like it is' writing style, Rough Guides cover all the basics with

practical, on-the-ground details, as well as unmissable alternatives to the usual must-see sights. At the top of your to-pack list, and guaranteed to get you value for money, each guide also reviews the best accommodation and restaurants in all price brackets. We know there are times for saving, and times for splashing out. In *The Rough Guide to San Francisco and the Bay Area*: - Over 50 colour-coded maps featuring every listing - Area-by-area chapter highlights - Top 5 boxes - Things not to miss section Make the most of your trip with *The Rough Guide to San Francisco and the Bay Area*. Now available in ePub format.

The Rough Guide to Nepal Dec 12 2021 *The Rough Guide to Nepal* is the ultimate travel guide with clear maps and detailed coverage of all the best attractions Nepal has to offer. Discover the vibrant regions of Nepal from the easternmost tea hills of Ilam to the wildlife-rich jungle of the far west, and from the high Himalayas to the Kathmandu Valley. Fully updated and reshaped after the country's recent change in government, *The Rough Guide to Nepal* contains in-depth accounts of all Nepal's highlights from Hindu temples and Buddhist stupas to wildlife reserves and spectacular mountain viewpoints in Nepal. Colour sections explore Nepal's ethnic hill peoples and dramatic mountain trails whilst

expert accounts offer an introduction to the history, culture and natural life of this exciting and resurgent country. Find detailed practical advice on what to see and do in Nepal whilst relying on up-to-date descriptions of the best hotels in Nepal, bars in Nepal and restaurants in Nepal for every budget. This Rough Guide to Nepal includes an extensive section on trekking with practical advice and maps on the best places to trek, raft and mountain bike. Make the most of your holiday with The Rough Guide to Nepal

Guide to Sea Kayaking in Southeast Alaska
20 2020 Features full descriptions of 41 trips, including mile-by-mile descriptions, detailed maps, trip difficulty ratings, and tips on the logistics of kayaking this largely uninhabited area.

Feb

The River Gypsies' Guide to North America
03 2021 With detailed driving directions, shuttle icons, stream flow beta, 43 scale maps, and colour photos, this book offers you what you need to plan an American paddling vacation. It is your ticket to travel in 9 of the continent's hottest paddling destination regions, with information on the best playspots, creeks, and rivers from class III to V+.

Mar

Guide to Sea Kayaking on Lakes Superior and Michigan Oct 22 2022 Guides the reader to the

most exciting kayaking to be found on the Western Great Lakes. Full descriptions and maps for 49 trips, each carefully rated so that any kayaker can safely and confidently paddle on these inland seas.

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