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Inspirational stories for teens, including contributions from high school students and covering such topics as friendship, family life, dating, health, and individuality. Teens love reading about these challenges, either to support themselves, or to learn more about what their friends might be experiencing. The stories in Chicken Soup for the Soul: Teens Talk Tough Times offer support and encouragement to any teen. Being a teenager is difficult even under idyllic circumstances. But when bad things happen, the challenges of being a teenager can be overwhelming, leading to self-destructive behavior, eating disorders, substance abuse, and other challenges. In addition, many teens are faced with illness, car accidents, loss of loved ones, divorces, or other upheavals. These 101 stories from Chicken Soup for the Soul's library describe the toughest teenage challenges and how to overcome them. Your hopes, your dreams, your life - Chicken Soup for the Teenage Soul Journal gives you the perfect outlet to record your personal stories, feelings and experiences, in a way that is both fun and challenging. Sections called "Friendship", "Tough Stuff", "Follow Your Dreams" and more will help you to focus on what matters most to you, how to feel about your life, how

to love yourself and others. With lots of space where you can write and where you can have friends and family share their feelings with you - it is also filled with great poems, thought provoking quotes, inspirational vignettes, and more. This Journal is sure to become one of your most valued keepsakes.

School: It's frustrating, it's boring, it's embarrassing. But it's also thought provoking, challenging and full of possible friends. And until you turn 18, like it or not, it's just about your whole life. So what's the deal? Chicken Soup for the Soul knows that school is more than classes and tests. It's also a social scene, filled with cliques, clubs and life-changing decisions (or so it seems this week). It's where you meet your best friends...and run into your worst enemies. And it's an opportunity to figure out what you want to do—whether it's kick a soccer ball, play the trombone or act in a play. Sometimes it's overwhelming and confusing, but don't worry, it's like that for everyone. That's what the stories in this book are all about. They're from real teens, and they're about the bizarre, embarrassing and sometimes triumphant things that really happened to them. And they're here to give you some perspective on everything that goes down at your school...and outside of it, too. Put that together with weird facts, cool graphics, fun advice and quizzes designed to help you figure out who you are and what you're up to, and you've got the real deal on school—full of all the laughter, tears and daily drama that life is all about. The third volume in the Chicken Soup for the Teenage Soul series promises more love, support and inspiration for the series' loyal teen readers. For teens who make God an integral part of their lives, teens who are sorting through doubts about whether God really cares about them, and teens who don't know God at all, Chicken Soup for the Christian Teenage Soul may be one of the most influential books they'll ever read. The third volume in the Chicken Soup for the Teenage Soul series promises more love, support and inspiration for the series' loyal teen readers. More and more, life is a struggle for teens. Not just dealing with the tragedies that seem to plague them so often, but also handling the daily pressures that pervade their lives. This book, like the first two volumes in the series, will help them, and will serve as their guide and constant companion. The original Chicken Soup for the Teenage Soul, a New York Times bestseller, has sold over 4.5 million copies. Its successor, Chicken Soup for the Teenage Soul II, a #1 New York Times bestseller, has already sold over 2.2 million copies. The third volume in this blockbuster series promises to be every bit as successful as the first two, as teen readers continue to cherish and be inspired by this series. Chapters focus on love, friendship, family, tough stuff, growing up, kindness, learning lessons and making a difference. In keeping with the themes and content of the Chicken Soup for the Teenage Soul series, teens will also find support, encouragement and understanding from their peers, as well as from caring and compassionate adults. This book is a must-read for all teens—a book they will read and reread, sharing their favorite stories with one another over and over again. It is also the perfect gift for all adults to give to the teens in their lives. It's tough being a teenager. No longer a kid but not quite an adult, teens live in a world that's constantly in transition, trying to figure out who they are and where they belong. It's a time of discovery and learning as well as a time of introspection and relationship building. Our teenage experiences help us grow in important ways, and this collection of stories—by and for teenagers—is an inside look at the years that shape our lives. Friends. You gotta have 'em, but sometimes they drive you crazy. You love 'em, but sometimes they make you mad. They'll help you through a crisis...unless they are the crisis. This latest offering in the best-selling Chicken Soup for the Teenage Soul series explores a host of challenges faced by today's teens. Teen contributors share their thoughts and feelings on difficult issues, ranging from poor self-image to thoughts of suicide, from family discord to coping with the loss, from peer pressure to school violence. Inspirational stories on life, love, and learning for teens, including contributions by teens. This first batch of Chicken Soup for Teens consists of 101 stories every teenager can relate to and learn from -- without feeling criticized or judged. This edition contains important lessons on the nature of friendship and love, the importance of belief in the future, and the value of respect for oneself and others, and much more. Chicken Soup for the Teenage Soul II offers more inspiring stories to help you master the game we call life. Today's teens have ever more issues and social pressures to juggle than young adults just 20 years ago. This book, like its predecessor, can be your guide - a beacon in the darkness, a safe haven in a storm, a warm hug in the cold and a respite from loneliness. There's no preaching as to what you should and shouldn't do. Instead, this book is full of teens sharing their experiences on learning to accept like, becoming the best person you can be, being happy with who you are, and loving yourself - no matter what.

Chicken Soup for the Soul: Just for Teenagers supports and inspires teenagers as they grow up, reminding them they are not alone, as they read stories from teens just like themselves about the problems and issues they face every day. Teenage years are tough, but this book will help teens as they journey through the ups and downs of adolescence. The stories in this book serve as a guide on topics from the daily pressures of life and school to love, friendships, parents, and much more. This collection will encourage, inspire, and amuse teens, showing that, as tough as things can get, they are not alone! Friends. You gotta have 'em, but sometimes they drive you crazy. You love 'em, but sometimes they make you mad. They'll help you through a crisis...unless they are the crisis. So What's the Deal? Friends are more than just the people you hang out with. They make you laugh, they keep your secrets, they offer advice (some good, some bad), they give you a shoulder to cry on. Sometimes they move away, or betray your trust, or flake out, but mostly they are the people who are always there for you. And they know you'll be there when they need you most. Because that's what it means to be a friend. Sometimes friendship is overwhelming, sometimes it's confusing, sometimes you feel like you don't have a friend in the world, but don't worry, it's like that for everyone. That's what the stories in this book are all about. They're from real teens, and they're about the bizarre, difficult and wonderful things that really happened to them and their friends. Put that together with weird facts, cool graphics, fun advice and quizzes designed to help you figure out what you and your friends are all about, and you've got the real deal on friendship! Rich, enticing, and delectable as a luscious box of chocolates, this collection offers 55 tales of life and love as a teenager. From teens of every age, including women who remember what it was like, come stories of first love, first jobs, best friends, heartbreak, hope, innocence, and the real world. Poignant, funny, and powerful, these stories tell it like it is. From the recollection of a first kiss to tales of self-consciousness about a changing body, from painful struggles with parents and grandparents to the joy of abiding family love, teens will see themselves in these pages and find comfort in knowing that they are not alone. From Barbies to your first bra, from holding your teddy bear to slowdancing with your first boyfriend, from knowing everyone in elementary school to trying to make new friends in middle school. . . . When dealing with these changes, it's no wonder preteen girls can freak out from time to time. Every person in this book realized something profound from his or her experience; hopefully, this lesson will be passed on to you and spare you similar pain. At the very least, you will know as you read these stories that you are not alone in the world with the challenges you face. May you find comfort, hope and inspiration in the courage, strength and faith of the teens who have bravely shared their stories with you in this book Inspirational stories on life, love, and learning for teens, including contributions by teens. More inspiration and encouragement from the best-selling name in teen nonfiction Chicken Soup knows what teenagers want, and teenagers flock to these books to hear the news, views, and attitudes of their fellow teens. From stories of friendship and romance to hilarious hijinks at school to the tough stuff of modern life (divorce, death, getting dumped by the love of your life), Chicken Soup for the Teenage Soul IV covers the full gambit of the teen experience with the now often imitated but never emulated formula of teens talking directly to teens about what matter most to them. We all have a story to tell. We often judge our own stories as being good or bad, right or wrong. The truth is, each and every one of them not only holds meaning for us but for those around us as well. Chicken Soup for The Teenage Soul IV is filled with such stories: what it really means to be a teenager in today's world. A collection of the most important letters received from teens responding to the Chicken Soup for the Teenage Soul series, this book is a powerful reflection of the feelings of generation of readers. Some letters will make readers laugh and others will make them cry; but all the letters reveal that teens share similar outlooks, experiences and feelings. Chicken Soup for the Soul: Tough Times for Teens supports and inspires teenagers during their most challenging times, reminding them they are not alone as they read stories from teens just like them with the same struggles. The teenage years are tough, and when bad things happen, the challenges can be overwhelming. Faced with illness, car accidents, loss of loved ones, divorces, or other upheavals, the obstacles to happiness can seem insurmountable. But these 101 stories describe the toughest teenage challenges and how other teens overcame them. This collection will encourage, comfort, and inspire teens, showing that, as tough as things can get, they are not alone. A collection of inspiring stories to help teenagers take control of their lives If you are a teenager, this book is for you! Regardless of whether you consider yourself to be strong in your faith or if you currently question the reality of God, this collection of

teen writings will touch your heart and encourage your spiritual growth. This new collection of real-life experiences that happened to other teenagers will help you “think positive” and be the very best, happiest version of yourself. These true stories are organized into chapters that will inspire you to: Be You - being yourself really is the best solution Make True Friends - finding friends who are right for you Do the Right Thing - real-life examples where doing it right pays off Make the Effort - why trying hard is worth it Face Your Challenges - you’ll see you’re not alone Count Your Blessings - gratitude really is the key to happiness Treasure Your Family - even when they drive you crazy, they’re the best Look to the Future - how to put it all in perspective Offers a collection of inspiring stories to help teenagers take control of their lives. Written by and for preteens, this uplifting collection of stories touches on the emotions and situations they experience every day: making and losing friends, fitting in while keeping their personal identity, discovering the opposite sex, dealing with pressures at school including violence, and coping with family issues such as divorce. Chicken Soup for the Soul: Extraordinary Teens will inspire any young adult with its tales of teenagers achieving great success, with personal stories from many well-known young professional athletes, business entrepreneurs, motivational speakers, actors, writers, and filmmakers. Personal stories combined with photos and specific advice from the contributors. Chicken Soup for the Soul: Extraordinary Teens inspires teens with stories from the young people they admire. These extraordinary teens, mostly celebrities, share their troubles and triumphs, as well as what they do to continue to achieve. Chicken Soup for the Teenage Soul' explore the topics nearest and dearest to your heart: love and friendship. They show how teens just like you feel about their closest relationships, breakups, friends, family, falling in love, tough times and growing up. Teens describe the happiest moments of their lives and the darkest days they struggle to put in the past. You're sure to recognize your own experiences in these stories and will learn valuable lessons about the true meaning of love and friendship. 'Chicken Soup for the Teenage Soul on Love & Friendship' will inspire you to examine your relationship with other and to make the most of the time you spend with your loved ones and friends. "Chicken Soup for the Teenage Soul 25th Anniversary Edition has been refreshed and updated with additional, new stories to help today's teens be the happiest, best versions of themselves. The book provides inspiration and advice to help teens grow up and be their best"-- In this

book you'll read real stories about real life happening to real teens. They are stories about love and friends, family and community, school, sports, and faith. You'll share in the experiences of other teens as they weather the ups and downs of growing up, reminding you that you're not alone on your journey toward adulthood. CHALLENGES. Failing a class, getting dumped and figuring out where you fit in, are all difficult high school challenges. Finding the answer is not always easy. And let's face it, your parents may give you advice, but rarely do they really know where you're coming from. So, if you're looking for the real deal on issues like anorexia, dating, or helping a friend in trouble, you've come to the right place. So What's the Deal? The good news about tackling challenges is that you end up stronger and smarter once you reach the other side. These stories are from teenagers just like you who have gone through many of the same problems and survived. Whether it's standing up to the mean girl in the cafeteria or staying true to yourself under peer pressure, Chicken Soup for the Teenage Soul: The Real Deal Challenges tells you the absolute truth about what it means to be a teen. With 101 stories geared just for middle schoolers, Chicken Soup for the Soul: Teens Talk Middle School offers great support and inspiration for ages eleven to fourteen. Middle school is a tough time. And this “support group in a book” is specifically geared to those younger teens -- the ones still worrying about puberty, cliques, discovering the opposite sex, and figuring out who they are. Stories cover regrets, lessons learned, love and “like,” popularity, friendship, divorce, illness and death, embarrassing moments, bullying, and finding a passion. A new kind of Chicken Soup for the Soul book for teenagers - with the tools you need to handle whatever life throws at you. This new collection of real-life experiences that happened to other teenagers will help you "think positive" and be the very best, happiest version of yourself. These true stories are organized into chapters that will inspire you to: Be You - being yourself is really the best solution Make True Friends - finding friends who are right for you Do the Right Thing - real-life examples where doing it right pays off Make the Effort - why trying hard is worth it Face Your Challenges - you’ll see you’re not alone Count Your Blessings - gratitude really is the key to happiness Treasure Your Family - even if they drive you crazy, they’re the best Look to the Future - how to put it all in perspective Chicken Soup for the Soul books are 100% made in the USA and each book includes stories from as diverse a group of writers as possible. Chicken Soup for the Soul solicits and publishes stories from the LGBTQ community and from people of all ethnicities, nationalities, and religions.